



Family Caregivers and the Need for Medical IDs

It is widely known that medical IDs should be worn by those living with chronic or rare medical conditions such as Alzheimer's, diabetes or a heart condition; persons with allergies such as insect, food or medicine; or those taking multiple medications or blood thinners. However, also worn by a caregiver, a medical ID can be an unexpected use and benefit in an emergency.



Caregivers include anyone who is unpaid and caring for another individual and mostly encompasses family members such as aging parents, spouses or partners and children with special needs.

Seven million family caregivers are employed fulltime needing to find a balance between their job obligations and their caregiver responsibilities.

“Universal Medical ID encourages caregivers to wear a medical ID engraved with the care recipient's name, relationship and care instructions or contact information,” said Rick Russell, President and CEO of Universal Medical ID. “This will provide freedom to the caregiver to take part in their daily activities as well as ensure that their loved one will be attended to in the event the caregiver is unable to do so or is debilitated.”

Furthermore, Russell says that a medical ID is the most dependable if both the caregiver and the care recipient wear medical IDs around the wrist or neck with each other's contact and relevant information properly engraved. Therefore, the caregiver can feel more at ease going to work, running errands and accepting a social engagement, because in an emergency, the care recipient would be attended to.

For more information on family caregivers and to order “A Family Caregiver Speaks Up” by Suzanne Mintz, President and Co-Founder of the National Family Caregivers Association visit http://www.thefamilycaregiver.org/nfca_store/nfca_publications.cfm.

For more information about caregivers, visit www.thefamilycaregiver.org.