

I was diagnosed with diabetes about ten years ago thus resulting in visits to my doctor every three months for test results. Every time I was in his office waiting to see him I would look at your brochure but I really didn't think I needed a medical ID; nor did I think it was worth the money.

Over the years I have experienced going into Atrial Fibrillation, or AF. My first experience with this was after an operation, but the AF did not last too long. Since that first episode I would experience AF but I would not worry.

One morning while I was having breakfast, my heart started to race rapidly. I immediately hooked up my blood pressure machine and sure enough, my pressure was high, but it only lasted a few minutes so I continued my day as usual and got ready to head into work.

About an hour later, while at my desk at work, I went into AF again and this time it lasted 15 minutes. I immediately had someone take me to the hospital. Once there it was determined I was in fact in Atrial Fibrillation. I decided then and there I should have some identification telling everyone of my condition in case I should become unconscious in the future. I got online and ordered a bracelet when I got home from the hospital. I don't wear the bracelet all the time but I also ordered a necklace which I wear all the time.

Leightan W.